

CURRICULUM VITAE

Leila Nazari

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Personal details: Leila Nazari

DOB: 26.04.1980

Place of birth: Tehran - Iran

University: Started at 1997, Tehran, Iran.

Date of qualification: 2004, as a medical Doctor

Post graduate: - **4 years** specialty in Obstetrics and Gynecology, started at 2007, Finished at 2011, Shahid Beheshti University Of Medical Sciences, Tehran, Iran
-**18 months** fellowship in Laparoscopy and IVF, Shahid Beheshti University of Medical Sciences, Tehran, Iran
-**1 month** Infertility and 3D Ultrasound course, IVI Spain (Madrid)
-**1 month** Infertility and 3D Ultrasound course, IVI Abu Dhabi

Foreign language skill : English fluent

Present Position: Assistant Professor of Obstetrics and Gynecology, Shahid Beheshti University of Medical Science, Tehran, Iran.

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Hospital appointments:

- **3** years basic medical science
- **2** years clinical course as a medical student in general surgery, internal medicine, Pediatrics, gynecology, obstetrics,.....
- **2** years internship in internal medicine, surgery, pediatrics, obstetrics, gynecology, dermatology, ophthalmology, neurology,
- **2** years General Physician in Emergency unit, Imam Khomeini hospital, Kohgiluyeh and Boyer-Ahmad
- **4** years residency in obstetrics and gynecology, Shohada Tajrish hospital, Tehran
- **2** years Gynecologist and Obstetrician in Ghaem hospital, Mazandaran
- **1.5** years fellowship in Laparoscopy and IVF, Infertility ward, Taleghani hospital, Tehran
- **5** years assistant professor of obstetrics and gynecology, Shohada Tajrish hospital, Tehran
- **3** years assistant professor of infertility & reproductive medicine fellowship, Taleghani hospital, Tehran

1. Researches:

- 1- Effects of GnRH agonist for luteal support in antagonist IVF/ICSI cycles
- 2- Effects of Myo-inositol in poor responders undergoing IVF/ICSI: a randomized controlled trial
- 3- Isolation, Expansion and enrichment of Human Spermatogonial Stem Cells and transplantation in an Autologous Sertoli Cell Co-culture System for Treatment of Non-Obstructive Azoospermia Male Infertility (phase I&II clinical trial)
- 4- Effects of estradiol pre-treatment on improvement of IVF/ICSI cycles in poor responders
- 5- Evaluation of PAWP and PLC ζ expression in infertile men with previous ICSI fertilization failure
- 6- Effects of Hyaluronic gel on Asherman syndrome
- 7- Comparison of natural cycle and hormone replacement therapy for frozen-thawed embryo transfer cycles in RIF
- 8- Effects of autologous platelet-rich plasma on endometrial growth during frozen ET
- 9- TENS or music therapy for pain relief in labor and postpartum
- 10- The comparison effects of immediate versus late removal of urinary catheter after abdominal hysterectomy
- 11- Effects of acupuncture on initiation of labor

12-Effects of 300 mg gabapentin on postoperative pain after abdominal hysterectomy

13-Effects of intravenous propranolol for labor augmentation in premature rupture of membranes

14- Comparison the efficacy of Music and Entonox for pain relief in labor

15- Awareness on taking folic acid supplement among women in Tehran

16- Comparison of Entonox and Remifentanil in labor pain

2. Publications:

1- Comparison of the Effect of Bupivacaine in Combination with Dexmedetomidine with Bupivacaine Plus Placebo on Neonatal Apgar Score, Bispectral Index, and Sedation Level of Parturient Women. *Anesth Pain Med.* 2018 Oct 24;8(5):e81947.

2- Effects of orlistat on serum androgen levels among iranian obese women with polycystic ovarian syndrome. *JBRA Assist Reprod.* 2018 Sep 1;22(3):180-184.

3- Evaluation of PAWP and PLC γ Expression in Infertile Men with Previous ICSI Fertilization Failure. *Urol J.* 2018 May 3;15(3):116-121.

4- The effect of testosterone gel on fertility outcomes in women with a poor response in *in vitro* fertilization cycles: A pilot randomized clinical trial. *J Res Med Sci.* 2018 Jan 29;23:3.

5-Treatment of thin endometrium with autologous platelet-rich plasma: a pilot study. *JBRA Assisted Reprod* 2017 Feb1:21(1):54-6.

6-Effects of autologous platelet-rich plasma on implantation and pregnancy in repeated implantation failure: A pilot study. *Int J Reprod Biomed* 2016 Oct: 14(10):625-8.

- 7-A potential therapeutic role of myoinositol in the metabolic and cardiovascular profile of PCOS Iranian women aged between 30 and 40 years. *Int J Endocrinol* 2016; 7493147.
- 8-Effects of acupuncture for initiation of labor: a double blind randomized sham-controlled trial. *Arch Gynecol Obstet* 2013 May; 287(5): 887-91.
- 9-Effects of gabapentin on postoperative pain, nausea and vomiting after abdominal hysterectomy : a double blind randomized clinical trial . *Archives of Gynecology & Obstetrics* 2012 Mar; 285(3) : 677-82.
- 10-Booklet of Age and Infertility, Shahid Beheshti University of Medical Sciences, 2017
- 11-Booklet of PCOS and Infertility, Shahid Beheshti University of Medical Sciences, 2017
- 12-Booklet of Lifestyle and Infertility, Shahid Beheshti University of Medical Sciences, 2017
- 13-Endometrial polyp, cons and pros, *NAIGO journal*, spring 2017
- 14-Ovarian Hyper Stimulation Syndrome, *NAIGO journal*, Winter 2017
- 15-Ruptured tubo-ovarian abscess containing taenia saginata proglottids: a case report. *Research in Medicine* 2013; 36 (5) :122-5.
- 16-Effect of music on pain and duration of labor. *J Shahid Sadoughi Univ Med Sci* 2012; 20(5): 555-61.
- 17-Awareness on taking folic acid supplement among women in the obstetric clinics in Tehran. *JQUMS* 2009; 13(1): 94-8.
- 18-The effects of Haloperidol on postoperative nausea and vomiting. *Medical Sciences Journal of Islamic Azad University - Tehran Medical Branch* 2005; 15(1):9-13.

3. Lectures, presentations:

1- Novel treatments in PCOS, International Congress, Iran University of Medical Sciences, Autumn 2017

2- Effects of Autologous Platelet-Rich Plasma on endometrial expansion in patients undergoing Frozen-Thawed Embryo Transfer: A double blind randomized controlled trial, International COGI (Austria), Autumn 2017

3- Effects of fast beat music on active labor: a randomized controlled trial, International congress of COGI (Austria), Autumn 2017

4- Novel treatments in endometriosis, CME, Shahid Beheshti University of Medical Sciences, Summer 2017

5- Hysteroscopy in Gynecology, CME, Shahid Beheshti University of Medical Sciences, Summer 2017

6- Novel treatments in infertility, International congress, Reproductive Medicine, Spring 2017

7- Laparoscopy in Gynecology, CME, Shahid Beheshti University of Medical Sciences, Spring 2017

8- Platelet in Infertility, CME, Isfahan University of Medical Sciences, Winter 2017

9- Surgical Hysteroscopy, International congress, Iranian Association of Surgeons, Winter 2017

- 10- Platelet and Regenerative Medicine, International congress, Kerman University of Medical Sciences, Winter 2017
- 11- Menopause, CME, National Association of Iranian Obstetricians and Gynecologists, Winter 2017
- 12- Laparoscopy and hysteroscopy in gynecology, CME, Shahid Beheshti University of Medical Sciences, Winter 2017
- 13- Effects of PRP in RIF patients, International congress of IAHR (Italy), winter 2017.
- 14- Effects of PRP in thin endometrium, International of IAHR (Italy), winter 2017.
- 15- Effects of Myoinositol in metabolic and cardiovascular profile of PCOS women, International congress of COGI (Netherlands), Autumn 2016
- 16- Effects of intravenous Propranolol for labor induction in women with ruptured of membranes: A randomized controlled trial, International congress of COGI (Netherlands), Autumn 2016
- 17- Novel treatments in RIF and thin endometrium, CME, Shahid Beheshti University of Medical Sciences, Autumn 2016
- 18- Laser and infertility, International congress of Laser therapy, Autumn 2016

- 19- Laparoscopy and hysteroscopy in infertility, CME, Shahid Beheshti University of Medical Sciences, Summer 2016
- 20- PRP and infertility, International congress of Yazd reproduction, Spring 2017
- 21- Ultrasonography in infertility, CME, Shahid Beheshti University of Medical Sciences, Spring 2016
- 22- Myoma and Endometriosis symposium, CME, Shahid Beheshti University of Medical Sciences, Spring 2016
- 23- Effects of orlistat on PCOS, International congress of DTOGI, Winter 2016
- 24- Sonography of normal pelvic, Workshop, Rasoul hospital, Spring 2015
- 25- Recurrent Implantation Failure, CME, Shahid Beheshti University of Medical Sciences, Winter 2015
- 26- Hysteroscopy in infertility, Workshop, Shahid Beheshti University of Medical Sciences, Winter 2015
- 27- Luteal phase support in ART, CME, Shahid Beheshti University of Medical Sciences, Winter 2015
- 28- Pelvic ultrasonography in women, Workshop, Rasoul hospital, Winter 2015

29- Amenorrhea, CME, Shahid Beheshti University of Medical Sciences, Spring 2015

30- Pain relief in labor, International congress of Obstetrics and Gynecology, Iran University of Medical Sciences, Autumn 2007

31- Awareness of orodental disorders in pregnancy, International congress of Obstetrics and Gynecology, Tehran University of Medical Sciences, Autumn 2006

32- Effects of Haloperidol on postoperative nausea and vomiting, International congress of Obstetrics and Gynecology, Tehran University of Medical Sciences, Autumn 2006

33- Awareness on taking folic acid supplement among women, International congress of Obstetrics and Gynecology, Tehran University of Medical Sciences, Autumn 2006

4. Thesis

1- Effects of antioxidant in male factor infertility, Residency thesis, 2017

2- Effects of L-Carnitine in PCOS, Residency thesis, 2106

3- Effects of Royal Jelly in male factor infertility, Internship thesis, 2016.

4- Thrombophilia in recurrent pregnancy loss in Iranian women, Internship thesis, 2016

5- Effects of TENS in labor pain. Residency thesis, 2016.

6- Early removal of Foley catheter after hysterectomy. Residency thesis, 2015

7- Effects of gabapentin on postoperative nausea and vomiting. Residency thesis , M Gholipour , 2015

8- Propranolol in augmentation of labor. Residency thesis , M Ravari , 2014

9- Effects of music on labor pain. Residency thesis , M Memarzadeh , 2014

5. Attendance of international congress, workshop....

1. Latest Advances in Enhancing Success Rates in ART, CME, UAE 2017
2. ESHRE Meeting, Switzerland 2017
3. Principles & Practices in ART, Armenia 2017
4. International Academy of Human Reproduction Congress, Italy 2017
5. New Frontiers in ART, UAE 2016
6. Pregnancy Care Forum, Italy 2016
7. Gynecological Endoscopy Updates, Workshop 2016
8. Advanced & 3D Transvaginal Sonography, Workshop 2016
9. The Science Behind ART, UAE 2015
10. Pregnancy Care Forum, UAE 2015
11. Platelet Rich Plasma, Workshop 2015
12. Annual meeting of Exemed , Geneva Switzerland 2015
13. International symposium of individualization COS , Abu Dhabi , UAE 2015

6. Responsibilities, honors, success

1- Award winner by scientific committee of Yazd International congress and Student award in reproductive medicine, 2017

2- Pioneer in PRP treatment in RIF patients

3- Award winner by scientific committee of International congress of DTOGI, 2016

4- Top resident of Obstetrics and Gynecology department of Shahid Beheshti University of Medical Sciences, 2008

5- Top student of basic science in medical university, 1996

6- Ranked 1st among gynecology and obstetrics residents in board qualifying exam (practical examination), 2011

7- Member of Iranian society of Reproductive medicine (ISRM)

8- Member of National Association of Iranian Gynecologists and Obstetricians (NAIGO)

9- Member of infertility committee of NAIGO

10- Member of Young Researchers and Elite Club of Azad University since 2012

11- Certified physician of Ghaem hospital, 2011-2013

12- Appreciation letter from Kelardasht City Council 2013

13- Appreciation letter from Chaloos Healthcare Center 2013

14- Appreciation letter from Medical Director of Ghaem hospital 2012

15- Appreciation letter from Chaloos Healthcare Center 2012

16- Appreciation from Iranian Red Crescent 2007

17- Appreciation from Academic Affairs of Shohada Tajrish hospital 2007